

Coplestone Primary School

Newsletter

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Edition 2

21st September 2018

Message from Head of School:

With a change in the weather we are enjoying learning some autumnal songs in assembly and are getting ready for our harvest celebration in school. We are supporting Crediton food bank this year and there is some more information below about how you could help support this very worthwhile cause. There has been some very blustery weather this week and we would ask that all children have a coat with them so they can play outside and get some fresh air, even if there are light showers of rain.

As part of a well-rounded education, we enjoy providing an exciting and diverse range of educational visits for the children. This term teachers are planning a number of experiences or day trips and further details will be sent in due course.

Residential visits are also increasingly important to help the children develop independence and resilience away from home. These trips enhance the children's learning and are carefully planned to give opportunities for adventure, confidence building, teamwork and personal challenge. Trips away can give a renewed enthusiasm for learning, and help children to strengthen and build relationships with their peers. As well as the physical health benefits, school residential visits have been proven to have a positive effect on children's self-esteem and confidence levels, thereby improving their emotional health and well-being.

We hope that this love of adventure will enable them to grow into confident young people who enjoy a healthy and active lifestyle.

This year there will be some slight changes to how we organise our residential visits. The children's first residential experience will now take place annually in Year 4 and will involve a one night visit to a local centre with a range of activities. Mrs Marshall will be organising this and will share details with you ahead of the trip, which will take place in early summer.

Year 6 will continue to have a longer visit (3 days, 2 nights) and, going forward, this will take place in October. For this year's current Year 6 class only, the trip will take place in June to allow parents to be able to make manageable payment arrangements. The children in Year 6 will be going to Skern Lodge, a fantastic centre in North Devon, which I have used several times. Further details about their facilities can be found on their website, www.skernlodge.co.uk

I have arranged for a member of the Skern Lodge team to come into school on Tuesday 2nd October at 3.30pm to share information with all parents in Year 5 & 6, so please do come along. Letters with more specific details will follow shortly after the meeting.

It has been lovely to see so many parents join us for Celebration Assembly and the dates that you can join us are listed below. Thank you for your continued support, and have a lovely weekend.

Warm regards, Mrs Mackey



Spotlight:

This week's spotlight falls on our Certificate winners and new pupil leaders. As you can see we have many children with extra responsibilities and I look forward to seeing them flourish in their new roles. In the next newsletter I hope to have a photo of our new School Council following recent class elections.



Certificate Winners 21.9.18



Team Captains



Prefects



Librarians



Certificate Winners 14.9.18

Harvest celebration:

On 2nd October the children will have a special assembly to celebrate harvest time. This year we are supporting Creden Food Bank as they are always in need of supplies to help families in our area. If you would like to support this cause then the items they need are:

- Cereal
- Soup
- Pasta/Rice
- Tinned vegetables, tomatoes and fruit
- Jars of sauces
- Tea/coffee/sugar
- Tinned fruit, custard or rice pudding
- Tinned ready meals



These should be brought to school on 1st and 2nd October where a collection point will be available. Thank you so much for your support.

School Office:

Please can we remind parents to bring in appointment cards wherever possible for any medical visits to doctors, dentists etc. during the school day. This will enable us to authorise the absence.

All other absence requests must be submitted using the A2 Absence Request form which can be found in the foyer outside of the school office and on the School Website.

If you are dropping off any forms or envelopes, do please use the boxes in the foyer which we check on a daily basis – thank you.



Baby News:



We are delighted to announce that Mrs Stott has had a baby boy, Reubin Peter, who was born weighing 7lb and 3oz in the early hours of Tuesday 11th September. Mum and baby are doing well and we are looking forward to seeing them both in the very near future.

Attendance matters:

Every day of learning is important and 100% attendance gives your child the best possible start in life. Arriving on time also ensures that children can make a smooth start to their day.



There are still places available on this course:

'TIMID TO TIGER' COURSE

Starting on Thursday 27th September for ten weeks

9.15-11.15

At Copplestone Primary School

Graham Harry (Youth Worker for Copplestone Methodist Church) will be delivering the Timid to Tiger course at Copplestone Primary School this term. The course runs for 10 weeks for 2 hours each week and will start on Thursday 27th September. This is a supportive group intervention for parents/carers of children of primary school age with anxiety. The programme was developed by clinical psychologists and has been evaluated in use with children with a range of primary anxiety disorders including separation anxiety, social anxiety, generalised anxiety, panic, agoraphobia and specific phobias.

The topics covered will include:-

- Securing the parent-child bond through play
- Understanding children's anxiety
- Using praise to build confidence
- Using rewards (including how to avoid the pitfalls!)
- Setting limits on anxious behaviour
- Using withdrawal of attention
- Managing children's worry
- Managing really difficult behaviour

If you think you would be interested in attending the course Graham will be happy to have an initial meeting with you prior to the course to conduct a short assessment. This is to ensure the course would be an appropriate intervention for yourself and your child.

Please contact the school office if you are interested and we will then be in touch to organise an initial appointment with you.

Request for help please!

We are trying to provide different activities for lunchtimes and wondered if you might have any of the following items to donate?

Board games

Dressing up clothes or fabric

Fabrics, old tablecloths, sheets etc. for den building



Please leave any donations at the school office – thank you!

Diary dates:



September

- 25th Vision Screening Programme - Rainbow class
- 25th Head of School – welcome forum 2.15pm – an informal chance to meet and talk
- 27th Timid to Tiger Course 9.15-11.15am
- 28th Celebration Assembly 9.15am
- 28th Orange Class Learning Together 3pm

October

- 2nd Harvest Assembly (pupils only) and Harvest Celebration Lunch (parents invited)
- 2nd Skern Lodge presentation to Y5&6 Parents
- 4th Timid to Tiger Course 9.15-11.15am
- 5th Celebration Assembly 9.15am
- 9th Green Class Trip to Rosemoor – more information to follow
- 9th Parent/teacher consultations
- 11th Timid to Tiger Course 9.15-11.15am
- 11th Parent/teacher consultations
- 12th Celebration Assembly 9.15am
- 15th Orange Class Parent/teacher consultations
- 18th Timid to Tiger Course 9.15-11.15am
- 18th Orange Class Parent/teacher consultations
- 22nd to 26th Half term holiday**

November

- 1st Timid to Tiger Course 9.15-11.15am
- 2nd Celebration Assembly 9.15am
- 5th Light Up the Parish event
- 6th Tempest School Photographs
- 8th Timid to Tiger Course 9.15-11.15am
- 9th Celebration Assembly 9.15am
- 12th Anti bullying week
- 15th Timid to Tiger Course 9.15-11.15am
- 16th Children in Need (no Celebration Assembly)
- 22nd Timid to Tiger Course 9.15-11.15am
- 23rd Celebration Assembly 9.15am
- 26th Red Class Learning Together 2.45pm
- 29th Timid to Tiger Course 9.15-11.15am
- 30th Celebration Assembly 9.15am

December

- 5th Flu immunisations
- 5th Blue Class Learning Together 3pm
- 6th Timid to Tiger Course 9.15-11.15am
- 7th Last Celebration Assembly 9.15am
- 14th Rainbow and Pre School Nativity performance 2pm
- 18th KS1 performance 2pm and 5pm
- 19th Christmas Lunch and Jumpers day
- 20th KS2 Carol Concert 5pm
- 21st Last day of term

