



Coppelstone Primary School PHSE and SRE Curriculum overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Fun times	Feeling safe	Me and others	What do we put into and onto bodies	Feelings	My money
Year 2	What keeps me healthy	Friendship	Boys and girls, families		Indoors and outdoors	Medicines and me
Year 3	Tobacco is a drug	Bullying – see it, say it, stop it	Strengths and challenges	Celebrating difference	Spending, saving and budgeting	What helps me choose?
Year 4	Democracy	Making choices	What is important to me?	Playing safe	Different influences	Borrowing and earning money
Year 5	In the media	Stereotypes, discrimination and prejudice (including tackling homophobia)	When things go wrong	Dealing with feelings	Growing up and changing	
Year 6	Weighing up risk	Human rights	Healthy minds	Keeping safe – out and about	Healthy relationships and growing and changing bodies	

We have divided PHSE into seven different strands:

Sex and relationship education (SRE)
Drug, alcohol and tobacco education (DATE)
Keeping safe and managing risk
Mental health and emotional well being
Physical health and wellbeing
Careers, financial capability and economic wellbeing
Identity, society and equality