# **Copplestone Primary School PE**

Key

**Stage** 

1

Year



Children will be introduced to competition -Sportsday / CLC Sports / School Games

Key

Stage

Year

Year

Leadership

The Body

Children will start to

learn about their

**bodies** 

Children will have opportunity for Sports Leadership

#### **The Journey Starts**

All children to achieve a GLD by end of Reception

Early

Years

### Interventions to support in KS1

Year

**Fundamental Movement Skills** 

Will be developed over KS1

Children identified for additional support with gross & fine motor skills (Enabling / Accessing)





Children will start to explore different cultures through Dance





Hygiene

Children will learn about the importance of Hygiene & Well-being







Children will learn about the importance of Healthy Eating, Sleep, Well-being



All pupils will be able to swim 25 m



Swimming

Interventions to support those



Year





### **Competition Increases**

Children will have opportunity for more sports and quality of competition increases to include county / regional finals

## **Community Clubs**

Children will be encouraged to join local clubs - Exit **Routes / Sign-posting** 



Pupils in KS2 will have the opportunity to visit different environments for OAA including residential



Children will learn specific sports skills within lessons applying them in different scenarios and related sports



#### Strategies, Tactics, Rules, Roles

KS2 Games

Will explore transferable skills,

knowledge & understanding

Children will develop greater understanding of strategies, tactics and rules for sports. They will take on different roles (e.g. umpire, coach)

Year



**End of KS2** 

Children will leave with a love of PE, physical activity & sport. At Secondary School they will engage in opportunities, clubs, teams. They will choose GCSE PE, Sports Leadership & active, healthy lifestyles



