Copplestone Primary
PHSE LEARNING JOURNEY

TRANSITION TO SECONDARY

Year 6

Term 1
Weighing up risk
Human Rights

Term 2
Healthy Minds
Keeping safe out and about.

Term 3
Healthy relationships.
Growing up and changing bodies.

Year 5

Term 1
In the media.
Stereotypes, discrimination and prejudice.

Term 2
When things go wrong.
Dealing with feelings.

Term 3
Growing up and changing—puberty.

Year 4

Term 1
Democracy
Making choices.

Term 2
What is important to me?
Playing safe.

Term 3
Different influences.
Borrowing and earning money.

Year 3

Term 1
Tobacco is a drug.
Bullying—see it, say it, stop it.

Term 2
Strengths and Challenges.
Celebrating differences.

Term 3
Spending, saving and budgeting.
What helps me choose?

Year 2

Term 1
What keeps me healthy?
Friendship.

Term 2
Boys, girls and families.

Term 3
Indoors and outdoors.
Medicines and me.

Year 1

Term 1:
Fun times.
Feeling safe.

Term 2
Me and others.
What do we put into and onto bodies?

Term 3
Feelings.
My money.

Year: EYFS

Term 1—Being me in my world.
Celebrating difference.

Term 2
Dreams and Goals
Healthy Me

Term 3:
Relationships
Changing Me